



BEHAVIORAL IRIDOLOGY

By Jim Verghis

"Like fingerprints every iris on the planet is unique to its owner. The eyes of another are often our first contact point. Within a few seconds of meeting a stranger we are already beginning to consciously or unconsciously feel what that individual may be like".

Behavioral Iridology is the most comprehensive, instantaneous personality assessment system today. Imagine looking into someone's eyes with a magnifying lens for less than thirty seconds and being able to discern communication style, relationship attraction, creative attributes, areas of expertise, career potential, quality of relationship between themselves and their parents, introversion and extroversion, and their tendencies toward right and left brain processing patterns.

If this sounds overwhelming, it can be. When we say 'Behavioral Iridology' is the most comprehensive, instantaneous personality assessment system available, you may well understand why!

The eyes allow us to see one's Life Purpose. In order to fulfill that purpose, we need to learn specific lessons. Life's learning presents itself in stages or phases. For example, math in the second grade is far different than math at the college level. Understanding our Life Purpose and taking the steps toward its fulfillment inevitably provides us greater self confidence, inner strength, clarity, passion, creativity, as well as leadership qualities.

We continually face an assortment of life lessons with different perspectives, approaches, and objectives. Learning occupies four primary areas: physical, emotional, mental and spiritual. Physical learning incorporates exercise, rest, and cleansing and building through diet. Emotional learning means taking responsibility for what we feel or have attracted to us, while not blaming others for our own shortcomings. Mental learning includes understanding the basis of worry, noticing when and what we judge, and training our minds to have clear, focused awareness.

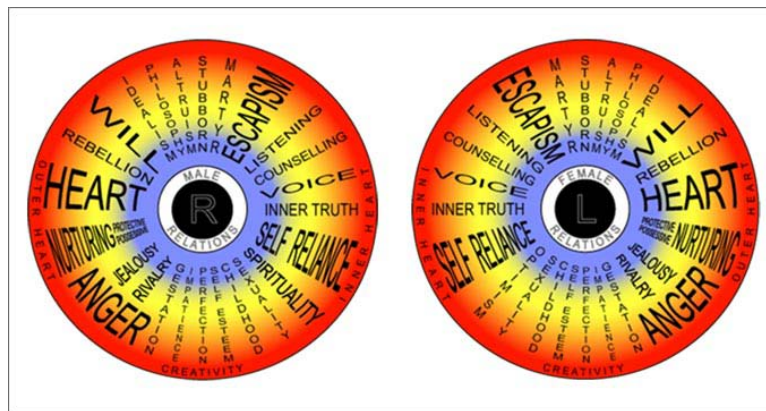
Behavioral Iridology provides the structure for creating ways and means to balance and support emotional and mental growth. When the physical, emotional, and mental bodies are aligned, spiritual experiences will follow. Almost instantly, the eyes reveal how to identify and support the learning we have chosen.

There are two basic personality categories into which all people fall: those that think and those who emote. No two personalities are the same, even though there are hundreds or possibly thousands of additional factors that influence personality. When these character modifiers are taken away, everyone falls into one of these basic categories, thinking or emotional. Everyone possesses both qualities, yet there is always one that predominates. The photographs and text below describe these two personality types.



Thinking Type Above: Burnt orange to dark brown or black dots in the iris indicate an activation within the left brain creating a need for some specific form of information. This in turn stimulates the person to verbally communicate information, ideas, or opinions. These people have an insatiable desire for knowledge. wake up thinking, have an affinity for caffeine, and often find it hard to “wind down” in order to sleep. The greater the number of spots or Psora found in both irises, the more these traits are accentuated. People of this personality type are prone to be clear, concise communicators. They also possess a highly developed emotional side which is often hidden deep within their psyche. Their primary lesson is to trust their innate wisdom in their hearts using their words to reflect their inner truth and not necessarily their frequently rigid options.

Emotional Type Above: Rounded openings in the iris shaped like pockets indicate a stimulation of the right brain which in turn sparks imagination, creativity, and spontaneous emotion. People of this type communicate with postures and gestures. They are inherently non-verbal communicators, finding it a challenge to choose words that describe the multitude of feelings and emotions bubbling up inside them. This personality type is “others-centered”, allowing other people to determine or dictate their actions. They seek a heart connection so strongly they may even compromise themselves to achieve it. Buried within their psyche is a strong mind. Their lesson in life is to verbally speak the truth from their hearts, while creating stability through consistency and structure.



Iris Positions Above: Psora (orange to dark brown spots) and Lacunae (rounded openings or pockets) in the 28 iris positions reflect specific character traits. One’s right eye indicates the relationship with father and the material world, while the left iris shows one’s relationship with mother and creativity. These structural components indicate various aspects of our lives we have chosen to learn. As wisdom is gained, we acquire access to the gift of each potential lesson. For example, Lacunae in the Anger position indicates a temper in the personality. When we learn to relate to our anger in a healthy way, it becomes passion. The goal of Behavioral Iridology is not to try and make emotion go away, which is impossible, but to transform it into something useful. Iris Positions offer a practitioner the opportunity to understand accurate details about a perfect stranger’s behavioral qualities in a very short time.

Behavioral Iridology is a tool that may stand alone or enhance another therapeutic modality. For counselors, social workers, and psychologists, Behavioral Iridology allows a practitioner to see and explain core issues in the first session. When integrated into a practice, it assists the practitioner in focusing treatment and/or therapy toward deeper more comprehensive results.

This information is intended for educational purposes only, and does not attempt to diagnose, treat, or prescribe.

Learn more at www.JanBowers.com